



روضه امباسادور

AMBASSADOR KINDERGARTEN

INSPIRE INQUIRE INNOVATE

MONTHLY NEWSLETTER - NOVEMBER 2018



Principal's Note:

Dear Parents,

We heralded November by hoisting the flag on the occasion of Flag Day and closed the month with expressing our respect to the martyrs by saluting the same flag and acknowledging their bravery. Consequently we ushered in December, by celebrating the union of the Emirates with the National Day festivities. It was a proud moment to witness our poised Kindergartners salute, sing the UAE National Anthem in clear tones and imbibe the essence of every event, with enthusiasm and excitement.

'Dubai' is indeed a 'Home Away from Home'. It not only exudes the rich cultural and historical charm of the UAE but also offers a secure platform to a multicultural experience. With this, our children get to see the best of both worlds - they get to strengthen their own cultural roots and learn to appreciate and respect other ethnic practices too.

In Ambassador Kindergarten we strive to turn every celebration into an enriching experience and at the same time lay a strong foundation for today and tomorrow's 'Global citizens'!!!

With best regards,
Rashmi Nagendra





UAE Flag Day

Celebrating the National occasion of the UAE to embark upon the efforts of the founders of our country, H.H. Sheikh Zayed and H.H. Sheikh Mohammed. It was a day for hoisting the UAE flag, singing the national anthem and saluting the flag in the reflection of our belonging to the homeland.

Diwali Dhamaka

Celebrating the festival of lights, sparkles and happiness among Kindergarten. Children and teachers were dressed in their traditional attire bringing in the variety of savouries to share among one and all thus signifying the spirit of unity, culture and traditions in our little ones!!



Children's Day

The day was full of surprises through a special assembly by the Nannies and Teachers showcasing wonderful and foot tapping dances and songs with a 'clown' as a special appearance that indeed brought happiness and smiles on every little ones' face!!





UAE National day

Celebrating the spirit and fervour of UAE's national day with dressing up in the colors of the national flag and enjoying a good spread of the UAE cuisine among each other.

Wow moments – Ms. Muskaan Mansukhani & Ms. Swapnil

WOW! A lovely movement, after watching I was speechless... after listening I was speechless... What passion and love our young children are full off. They are so creative and open minded that we often come across these WOW moments.

In my class, children quite often surprise us with many wow moments. Like one day in a creative corner when the children were independently exploring play dough along with popsicles & straws. Few of them could think out of the box and make things in such a creative manner, that it left me wonders with amazement. How innovative could young children of 3 years think! This was really a WOW moment for me. These little stars are the future of tomorrow and we at AMBASSADOR KINDERGARTEN are giving them the direction to new creativity and pathway to success.



Ms. Muskaan Mansukhani



Ms. Swapnil



Disruptive Mood Dysregulation Disorder

Ryan (name changed) is a third grade student in a mainstream school. At the beginning of the school year, Ryan started to demonstrate severe task avoidance behaviors, and his grades have been on a steady decline. When presented with any academic work, even if it aligns with his current abilities, he responds with verbal protest and running away from the classroom. When approached by the school staff he will respond with crying, shouting, screaming and occasionally with hitting and kicking.

Ryan's teacher reported that when he actually attempts any work, he often needs support to stay focused and follow the directions of the assignment.

Parent interview reveal that the parents are at their "wits' end" regarding how to handle his explosive outbursts, which were occurring several times a day.

Ryan has DMDD.

Disruptive Mood Dysregulation Disorder (DMDD) is a relatively new diagnosis in the field of mental health.

Severe, chronic, irritable mood in children has long presented a challenge to pediatric psychiatry due to its poor diagnostic specificity.

In order to address concerns about the potential for over diagnosis of and treatment for bipolar disorder in children, a new diagnosis, disruptive mood dysregulation disorder is added to the depressive disorders in The Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition, abbreviated as DSM-5, published on May 18, 2013.

Diagnostic features:

- Chronic severe persistent irritability, sad and angry mood
- Severe recurrent temper outbursts; verbally and behaviourally
- The diagnosis should not be made for the first time before age 6 years or after age 18. Age of onset of these symptoms must be before 10 years old.
- The reaction of the child is bigger than expected.

Functional consequences:

- Marked disruption in child's family
- Inadequacy in initiating and sustaining friendships
- Difficulties in group play
- Academic decline

Prognosis: Research has demonstrated that a child with DMDD usually does not go on to develop a bipolar disorder in adulthood. They are more likely to develop problems with unipolar depression and/or anxiety disorders.

Prevalence: Prevalence of DMDD among children and adolescents fall in the 2% -5% range. However, rates are expected to be higher in males than females.

Rule out:

- Bipolar disorders
- Oppositional disorders
- ADHD and ASD
- Intermittent explosive disorder



Treatment: The primary treatment of DMDD is family intervention using both direct training of the parents in child management skills. Behaviour therapists emphasize teaching parents how to alter their behavior to discourage disruptive behavior in children and encourage appropriate behavior.

Self esteem of the child needs to be restored before a child with DMDD respond to treatment.

In therapy the child can learn new strategies to develop a sense of mastery and success in social situations with peers and families.

Medication might be considered in severe cases.

Urmimala Sinha
Clinical Psychologist
Primacare Specialty Clinic

(Disclaimer :

Kindly take the above write-up as meant for informative purpose only ; we share this information to spread awareness and not as an advertisement. The purpose of this passage is purely for general awareness towards different abilities, challenges, disorders and health related concerns.

The content of the above write-up has been gathered from a reliable source of information but holds no reference towards any students' present situation as known to any of us at the time of going to print. The content of this passage is confidential and intended for the recipients as specified only.)

